
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR
15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of October 2024

Commission File Number: 001-34848

SEANERGY MARITIME HOLDINGS CORP.

(Translation of registrant's name into English)

154 Vouliagmenis Avenue
166 74 Glyfada
Athens, Greece
(Address of principal executive office)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F ☒

Form 40-F ☐

INFORMATION CONTAINED IN THIS REPORT ON FORM 6-K

Attached to this report on Form 6-K as [Exhibit 99.1](#) is a copy of an investor presentation issued by Seanergy Maritime Holdings Corp. (the "Company") on October 15, 2024 in connection with the Company's 2024 Annual Meeting of Shareholders.

This Report on Form 6-K and the exhibit hereto are hereby incorporated by reference into the Company's Registration Statements on Form F-3 (File Nos. 333-280792, 333-253332, 333-238136, 333-237500, 333-166697 and 333-169813).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: October 15, 2024

SEANERGY MARITIME HOLDINGS CORP.

By: /s/ Stamatios Tsantanis
Name: Stamatios Tsantanis
Title: Chief Executive Officer



Investor Presentation October 2024

Seanergy Maritime Holdings Corp.



SHIP
NASDAQ
LISTED

Important Disclosures

This document contains forward-looking statements. Forward-looking statements include, but are not limited to, statements regarding the Company's management's expectations, hopes, beliefs, intentions or strategies regarding the future and other statements that are other than statements of historical fact, including with respect to market trends, potential charter rates, revenue, EBITDA and cash flows, dividends or share repurchases, and shareholder returns. In addition, any statements that refer to projections, forecasts or other characterizations of future events or circumstances, including any underlying assumptions, are forward-looking statements. The words "anticipate", "believe", "continue", "could", "estimate", "expect", "intend", "may", "might", "plan", "possible", "potential", "predict", "project", "should", "would" and similar expressions may identify forward-looking statements, but the absence of these words does not mean that a statement is not forward-looking. These statements are based upon various assumptions, many of which are based, in turn, upon further assumptions, including without limitation, management's examination of historical operating trends, data contained in the Company's records and other data available from third parties. Although management believes that these assumptions were reasonable when made, because these assumptions are inherently subject to significant uncertainties and contingencies which are difficult or impossible to predict and are beyond the Company's control, the Company cannot assure you that it will achieve or accomplish these expectations, beliefs or projections. Actual results may differ materially from those expressed or implied by such forward-looking statements.

Factors that could cause actual results to differ materially include, but are not limited to, the Company's operating or financial results; the Company's liquidity, including its ability to service its indebtedness; competitive factors in the market in which the Company operates; shipping industry trends, including charter rates, vessel values and factors affecting vessel supply and demand; future, pending or recent acquisitions and dispositions, business strategy, impacts of litigation, areas of possible expansion or contraction, and expected capital spending or operating expenses; risks associated with operations outside the United States; broader market impacts arising from trade disputes or war (or threatened war) or international hostilities, such as between Israel and Hamas or Iran and between Russia and Ukraine; risks associated with the length and severity of pandemics (including COVID-19), including their effects on demand for dry bulk products and the transportation thereof; and other factors listed from time to time in the Company's filings with the SEC, including its most recent annual report on Form 20-F. These factors could cause actual results or developments to differ materially from those expressed in any of the forward-looking statements. Consequently, there can be no assurance that actual results or developments anticipated in this document will be realized or, even if substantially realized, that they will have the expected consequences to, or effects on, the Company. Given these uncertainties, you are cautioned not to place undue reliance on such forward-looking statements. Except to the extent required by law, the Company expressly disclaims any obligations or undertaking to release publicly any updates or revisions to any forward-looking statements contained herein to reflect any change in the Company's expectations with respect thereto or any change in events, conditions or circumstances on which any statement is based.

Certain financial information and data contained in this presentation is unaudited and does not conform to generally accepted accounting principles ("GAAP") or to Securities and Exchange Commission Regulations. We may also from time to time make forward-looking statements in our periodic reports that we will furnish to or file with the Securities and Exchange Commission, in other information sent to our security holders, and in other written materials. We caution that assumptions, expectations, projections, intentions and beliefs about future events may and often do vary from actual results and the differences can be material. This presentation includes certain estimated financial information and forecasts that are not derived in accordance with GAAP. The Company believes that the presentation of these non-GAAP measures provides information that is useful to the Company's shareholders as they indicate the ability of Seenergy, to meet capital expenditures, working capital requirements and other obligations.

While all the information in this document is believed to be accurate, the Company makes no warranty, express or implied as to the completeness or accuracy of such information and disclaims any liability for the recipient's use of this information. Certain industry and market information contained herein has been provided by third parties or represents the good faith estimates of the Company's management, based upon its review of internal surveys and sources, financial information, independent industry publications, reports or other publicly available information. Although the Company believes that these sources are reliable, the Company does not guarantee the accuracy or completeness of this information, and has not independently verified this information. This document is subject to revisions and amendments without notice by the Company and without obligation to notify any recipient of any such amendment.



Seanergy Is Delivering Value for ALL Shareholders

Value-Enhancing Strategy Delivering Results

>3x TSR outperformance vs. median peer TSR^{1,2}

- Over the past few years, Seanergy's Board and management team have successfully positioned the Company as a leading **public pure-play growth-oriented Capesize company**
- Our attractive positioning is supported by **strong rate performance and efficient operations**, resulting in **substantial free cash flow generation** that is supporting **increasing returns of capital**
- Seanergy's focused strategy has driven **total shareholder returns of more than triple its peer median** over the past year^{1,2}

Investing In Leading Pure-play Capesize Fleet

- Seanergy's strong value creation is supported by its **well-timed fleet acquisition strategy**
- Since 2020, we have **efficiently grown our fleet** through a strategy that **optimizes acquisition costs** by acquiring high quality, mid-aged assets in a disciplined manner
- Our vessel acquisition strategy has resulted in **low daily cash break-even rates**, which are further enhanced through **investments that make our vessels more efficient, environmentally sustainable and improve their competitiveness**

Generating Robust Cash Flow With Attractive Rates and Efficient Operations

- Seanergy is benefitting from strong Capesize fundamentals underpinned by a **historically low orderbook and strong demand growth**
- Seanergy has capitalized on this supportive market environment, earning **attractive charter rates**, building on our **multi-year track record of outperforming the Baltic Capesize Index**
- We further enhance our strong commercial performance by converting index-linked charters to fixed rates, **increasing earnings visibility and supporting capital allocation priorities**
- We also have a **demonstrated track record of operating our vessels efficiently**, with **competitive vessel operating expenditures** helping us **generate robust free cash flow**



Source: Company Filings and presentations
Note: Total shareholder returns defined as the compound total return, with dividends reinvested on the ex-date
1. Calculated as of 10/7/24
2. Seanergy peers defined as Diana Shipping, Genco, Golden Ocean, Safe Bulkers and Star Bulk

Seanergy Is Delivering Value for ALL Shareholders (Cont'd)

Optimizing Our Cost of Capital to Drive Growth

- We have deployed our strong cash generation to **reduce our leverage, simplify our capital structure and enhance our financial flexibility**
- Our enhanced financial profile has resulted in **lower daily cash break-even rates and improved per vessel profitability**
- Greater financial flexibility allows us to **opportunistically capture growth in strong markets**, return capital to shareholders and successfully navigate long-term shipping market cycles



Source: Company filings and presentations

Providing Shareholders with Increasing Capital Returns

\$34.7 million in cash dividends or \$1.85/share & \$42.9 million in securities repurchases since Q4'21

- With robust free cash flow generation and enhanced financial flexibility, **Seanergy has prioritized higher capital returns through dividends and opportunistic securities repurchases**
- Building on this track record, we recently established a **new dividend policy to target distribution of approximately 50% of our operating cash flow after debt service and reserves**
- Based on our strong and visible cash flow generation, **we expect to continue returning significant capital to our shareholders in the coming quarters**

Independent, Experienced Board Overseeing Value Creation

- Our strategy is overseen by our **highly independent Board**, which is committed to acting in the best interest of all Seanergy shareholders
- Each of the Board's five highly qualified directors is a proven leader **with the shipping and financial experience and expertise** necessary to oversee the Company and its strategy
- We have implemented a **governance structure aligned with our strategy as a growth-oriented operator in a highly competitive and capital-intensive cyclical business**

Economou's Self-Serving Campaign Threatens Shareholder Value

Since investing in Seanergy last year, Economou has not constructively engaged with the Company and has offered no ideas on how to enhance value for Seanergy shareholders

- Instead, he has pursued coercive tactics, initiating litigation without any prior communication of his intention and launching a proxy fight for effective control of the Board
- His approach is similar to campaigns he has run over the last year at other shipping companies, where he has demonstrated that he is not interested in enhancing long-term value, but rather seeking short-term personal gain

He has nominated two of his close associates – Georgios Kokkodis and Ioannis Liveris – who are underqualified compared to Seanergy's directors and who have helped facilitate Economou's value destruction at other public companies he controlled

- At those companies – DryShips and Ocean Rig – Economou engaged in extensive self-dealing transactions with his affiliates that resulted in substantial shareholder value destruction
- DryShips' share price lost >99% of its value before being reacquired and privatized by Economou and Ocean Rig's share price lost 98% before declaring bankruptcy^{1, 2}

Given Economou's long and well-documented track record of value destruction and self-dealing, we believe the value of your investment will be put at substantial risk if he is able to take effective control of the Board



1. Over the period from DryShips' IPO on 1/23/05 to completion of its take private on 10/11/19
2. Over the period from DryShips' acquisition of Ocean Rig UDW on 9/19/11 to Ocean Rig UDW filing for Chapter 15 bankruptcy on 3/28/17

Your vote is critical to stop Economou from gaining effective control of Seanergy's Board and using Seanergy for his own interests — at your expense

The Seanergy Board unanimously recommends that shareholders vote the WHITE proxy card FOR the Seanergy nominees Mr. Dimitrios Anagnostopoulos and Mr. Ioannis Kartsonas and AGAINST Economou's proposals

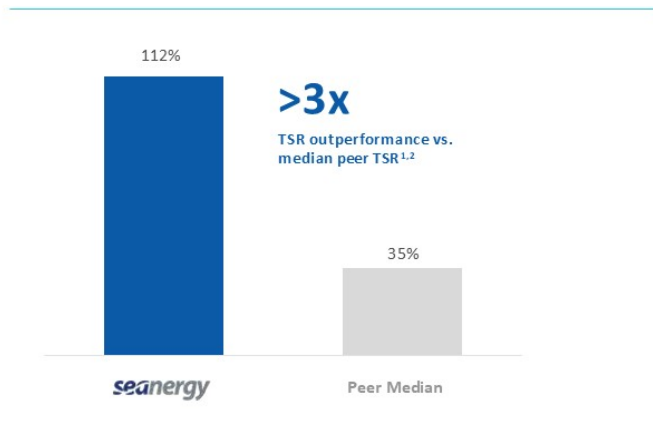
Executing Our Strategy For Substantial Value Creation



Strategy Delivering Strong Shareholder Returns and Momentum

Total shareholder returns have outperformed dry bulk peers over the last year

Seanergy Has Outperformed Peers Over the Last Year^{1, 2}



seanergy

Source: FactSet (10/7/24). Company filings and presentations.
Note: Total shareholder returns defined as the compound total return, with dividends reinvested on the ex-date.
1. Calculated as of 10/7/24.
2. Seanergy peers defined as Diana Shipping, Genco, Golden Ocean, Safe Bulkers and Star Bulk.

Key Highlights Driving Outperformance

- ✓ **Generated record profitability in the first half of 2024**
 - \$24.3 million of H1 2024 Net Income (~30% Net Income Margin)
- ✓ **Prioritizing and accelerating capital returns for shareholders**
 - Increased quarterly dividend to \$0.25 per share in most recent quarter
 - Announced new dividend policy targeting return of approximately 50% of net operating cash flow after debt service and reserves
 - **\$34.7 million in cash dividends** (or \$1.85 per share) declared since March 2022
 - Share repurchases of \$2.6 million at an average price of \$9.24 per share in 2024
 - **\$42.9 million in securities repurchases** since Q4 2021

Performance Is the Result of Our Purposeful Transformation

Seanergy has transformed its business, including its sector focus, investment strategy and governance to align with public shareholder interests

Seanergy Pre-2021

- Majority controlled by former sponsor shareholders, participating in various layers of the capital structure
- Diversified portfolio strategy owning various vessel classes within the dry-bulk sector (from Handysize to Capesize)
- Financing arrangements (junior debt and convertible notes) with former sponsor shareholders
- Higher debt-levels, unsustainable break-even levels and limited flexibility, leaving little room for shareholder rewards

Seanergy's Transformation Since 2021

- Executed successful restructuring transactions at height of COVID-19 pandemic to preserve equity holders and position the company for growth
- Facilitated successful exit of former sponsor shareholders to transition to a fully independent, publicly-owned company
- Accelerated Capesize pure-play strategy through acquisition of 9 Japanese built Capesize vessels at attractive prices, while selling older units

Seanergy Today

- Fully independent publicly-owned company
- Attractively positioned pure-play Capesize strategy of 19 vessels with a continued focus on growth
- Intentional investment strategy with successful deployment of capital at the lowest Book Value / DWT among peers¹
- No conflict-of-interest issues between shareholders and debt-holders; no related-party financings
- Reduced leverage, expanded banking relationships and simplified capital structure enhancing financial flexibility and through-cycle resilience
- Enhanced focus and commitment on returning capital to shareholders

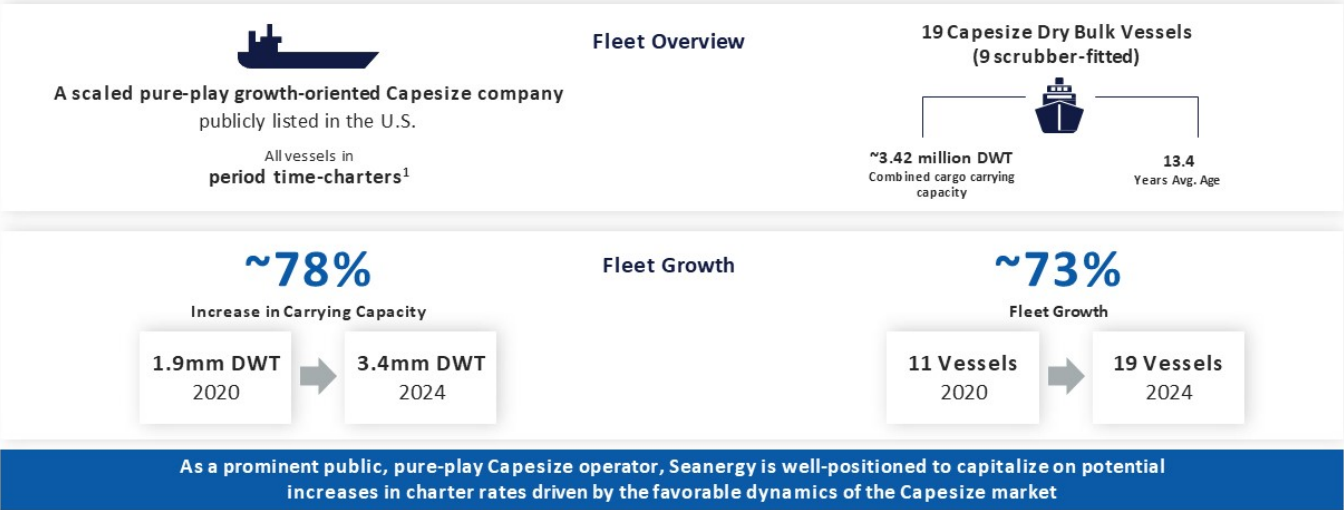


Source: Company filings and presentations

1. Seanergy peers defined as Diana Shipping, Genco, Golden Ocean, Safe Bulkers and Star Bulk

Well-positioned Through Pure-play Capesize Strategy

Seanergy has nearly doubled its total fleet capacity since 2020



Source: Company filings and presentations
1. Period time-charter contracts ("T/C") are based on the T/C average of the 5 main routes of the Baltic Capesize Index

Strong Relationships with World Leading Charterers



GLENCORE



TRAFIGURA



RioTinto



seanergy

Source: Company filings and presentations

Seanergy enjoys market recognition as a quality and reliable owner and operator

- Our diverse customer base includes the world's major miners, traders and operators
- First-class fleet and fleet operations provide competitiveness and flexibility
- 100% fixed in index-linked period T/Cs, giving access to attractive market fundamentals

Disciplined and Efficient Fleet Acquisition and Operational Strategy



Acquiring mid-aged Capesize vessels at attractive points in the cycle



Well-timed asset acquisitions result in lowest fleet cost basis among peers with book value per DWT ~30% below industry average¹



Efficient vessel operations as Seenergy invests in technologies that make the fleet more efficient and improve its commercial prospects and competitiveness



Utilize forward options to opportunistically lock-in time charter rates; ~40% of 2H 2024 fleet days have been fixed at attractive rates



seenergy

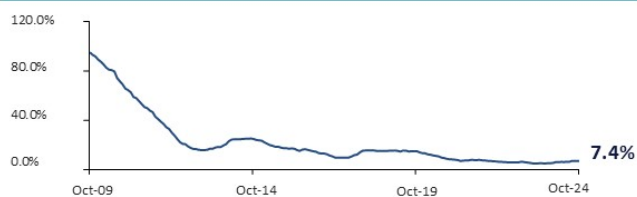
Source: Company filings and presentations

1. Calculated as most recently disclosed vessel net book value / DWT of fleet; industry average defined using Seenergy peers (Diana Shipping, Genco, Golden Ocean, Safe Bulkers and Star Bulk)

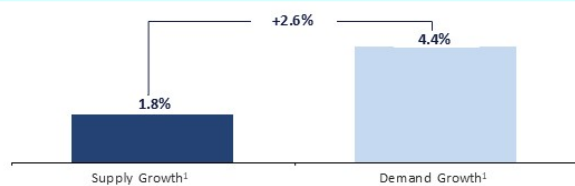
Benefitting from A Strong Capesize Outlook

A constrained supply environment for Capesize vessels and improving demand growth from China's recovery should provide strong tailwinds for Seenergy

Capesize Orderbook: Near 15-Year Low



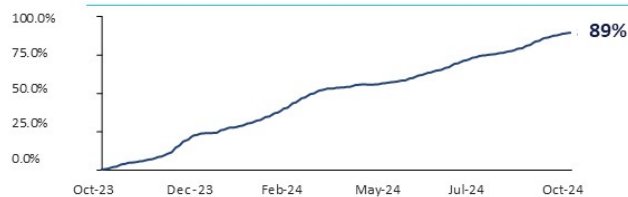
Capesize Demand Well in Excess of Supply Growth



seenergy

Source: Clarksons (10/7/24) Company filings and presentations
1. Represents 2024E supply and demand growth

Strong Baltic Capesize Index Performance

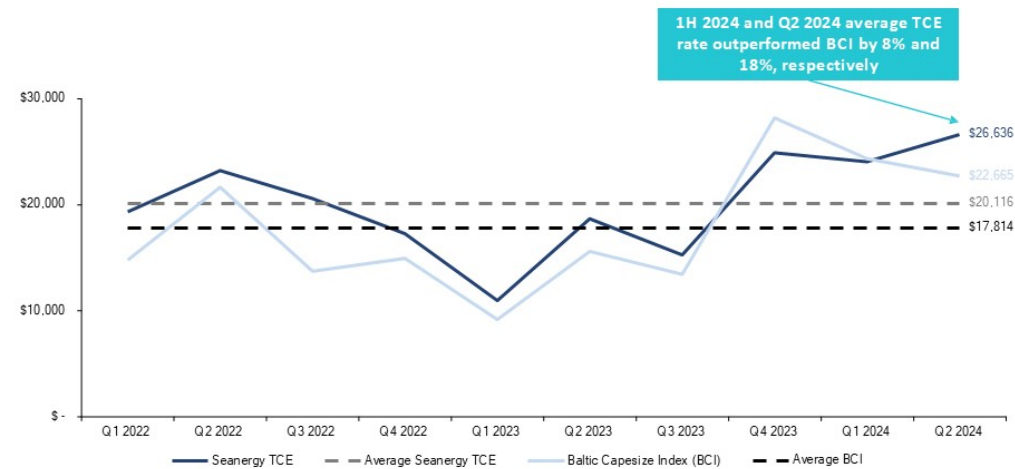


Industry Outlook

- The Capesize supply outlook is highly constrained
 - The orderbook for the Capesize fleet remains at historically low levels
 - 11% of the fleet is over 18 years old – significant scrappings are expected over the next 2-3 years
- Demand growth poised to rebound
 - China, aided by government stimulus measures, is expected to recover with improving demand for iron ore and other key commodities
 - China coal imports have grown 12% YTD and global trade is expected to remain strong as energy demand increases

Strong Fundamentals and Hedging To Secure Attractive Rates

Seanergy Continues to Record Impressive Commercial Results Enhancing Revenue Visibility



seanergy

Source: Company filings and presentations

Forward options have enabled Seanergy to increase revenue visibility and de-risk the business by locking in attractive rates, resulting in outperformance relative to the Baltic Capesize Index, healthy cash flow generation, and capacity for increased capital returns



Strong Profit Margins and High Cash Flow Visibility

Seanergy's return on equity and margins have flourished in a strong rate environment and Seanergy's locked-in charter rates provide a high-degree of certainty in future profitability

19%

1H 2024 ROE¹

30%

1H 2024 Net Income Margin

39%

of available days for 2H24 fixed at a gross rate of **\$29,300**

57%

1H 2024 EBITDA Margin

seanergy

Source: FactSet (10/7/24), Company filings and presentations
1. Calculated as annualized 1H 2024 net income over book value of shareholders equity as of June 2024

13

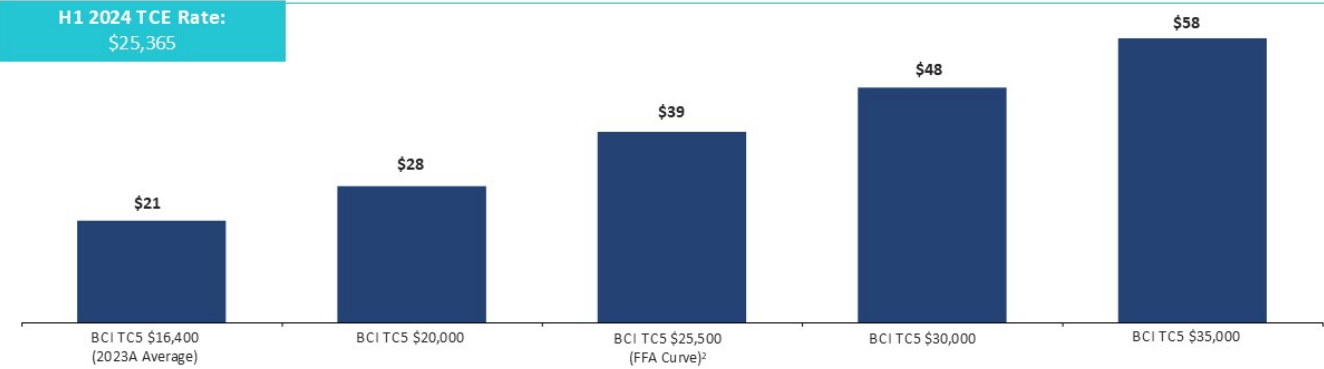
Positioned to Deliver Robust Free Cash Flow Generation

Seanergy is poised to benefit from high operating leverage and the forecasted increase in Capesize rates will translate into higher free cash flows with no increased cost burden

Seanergy is expected to strongly benefit from any upward movement in the Capesize market:

- With H2 2024 BCI rates at current FFA levels², 2024E free cash flows should reach ~\$40mm
- With H2 2024 BCI rates between \$30,000 – \$35,000, 2024E free cash flows should reach a figure between \$48mm and \$58mm

2024E Free Cash Flow Sensitivity¹ (\$ in millions)

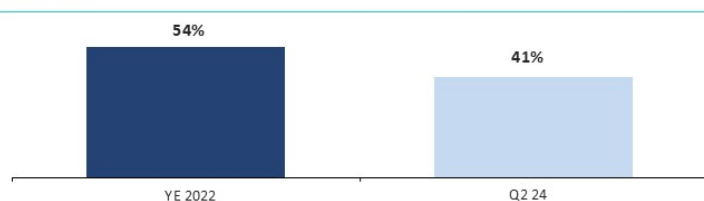


Source: FactSet (10/7/24), Company filings and presentations
1. Free Cash Flows defined as EBITDA – Capex – Taxes; Based on Company management estimates, which are based on various assumptions, which may not be realized and there can be no assurance that these estimated results will be realized
2. FFA Curve as of 7/29/24

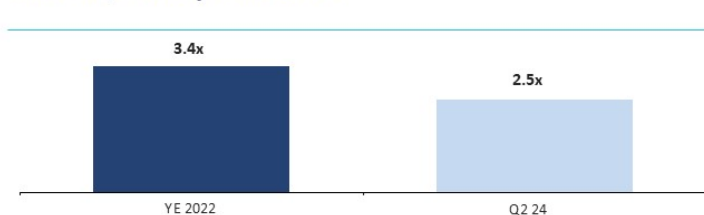
Deploying Strong Cash Flows to Reduce Leverage

Seanergy has directed available free cash flow to reducing leverage, which frees up future cash flow for capital returns and accretive investments

Fleet LTV



Net Debt / LTM Adjusted EBITDA



Strong free cash flow and improved industry and operating performance has allowed Seanergy to allocate capital toward deleveraging

An improved balance sheet further reduces break-even rates, improving per vessel profitability

Better unit economics frees up additional capital to return to shareholders through dividends and buybacks



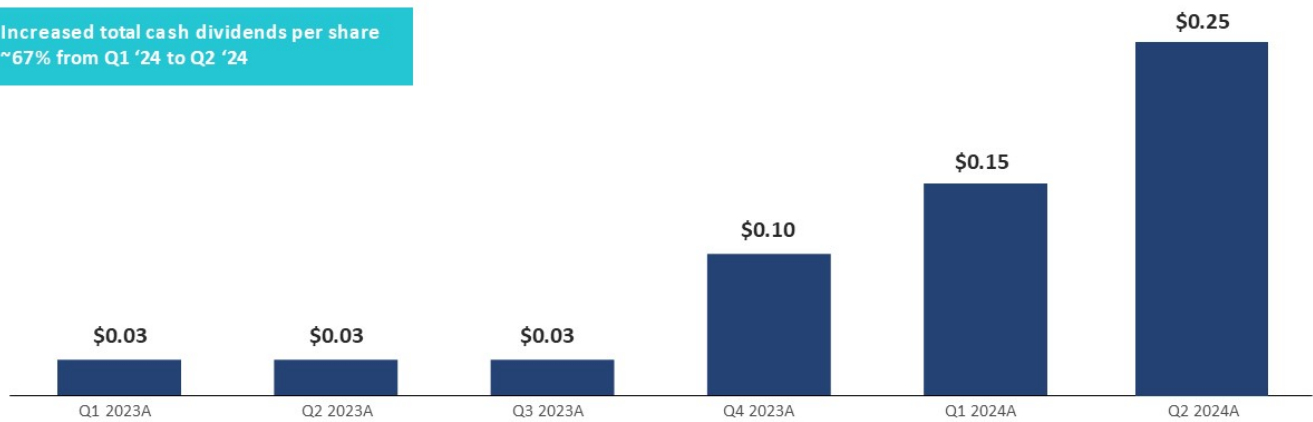
Source: Company Filings and presentations
Note: Adjusted EBITDA and Net debt are non-GAAP measures. Please see "Definitions & Reconciliations" for the reconciliations of Net debt to Debt and Adjusted EBITDA to Net (loss)/income, the most directly comparable U.S. GAAP measures

Delivering Increasing Capital Returns to Shareholders

Seanergy has enhanced its dividend policy to target return of ~50% of operating cash flows less debt repayments and a discretionary quarterly reserve

Quarterly Dividends Per Share

Increased total cash dividends per share
~67% from Q1 '24 to Q2 '24



Source: Company filings
Note: Per share dividend amounts include special dividends; quarter based on dividend reference period

Analysts Recognize Seanergy's Performance and Substantial Upside

All of the analysts have a Buy rating on Seanergy with price targets ~20%¹ higher than current price

Buy: Price Target = \$15.00

"Cash flow is strong, and cash is being returned to shareholders with a new dividend policy. During 3Q24, the board of directors **established a revised dividend policy where the company will distribute about 50% of its operating cash flow** after adjustments to debt repayments and a quarterly reserve which would be allocated to share repurchases, opportunistic vessel acquisitions, and an established liquidity buffer. **On a trailing twelve-month basis, SHIP shares yielded almost 5% but based on the new payout formula, we would expect SHIP shares to generate a higher dividend yield"**

B. Riley, 9/18/24

Buy: Price Target = \$14.00

"With signs of a seasonally stronger Q4, **SHIP should continue their strong YTD performance...** Further, with 9 out of 10 vessels scrubber fitted, **SHIP should see additional tailwinds from fuel spreads having increased over the past weeks.** On the back of stronger earnings and higher asset values we lift our [Target Price] to \$14/share"

Fearnley, 9/16/24

Buy: Price Target = \$13.00

"Given the company's positioning as a pure play dry bulk company, the fundamental opportunity within the dry bulk market is favorable over the intermediate-to-long term horizon due to growing dry bulk demand and a low-order book. **A fleet that is focused on the Cape market and contracts that are indexed creates high operating leverage** to an eventual durable recovery in the dry bulk market. Similarly, **recent refinancings have smoothed out the debt amortization and maturity schedules....** significant debt restructuring and refinancing has created a more stable financial position. **Management has also established a solid track record of capturing attractive growth opportunities, including several acquisitions since November 2018"**

Noble, 8/8/24

Buy: Price Target = \$15.00






"Higher economic growth should lead to **ongoing demand for dry bulk imports.** Higher coal, grain, and iron ore seaborne volumes so far this year contributed to higher dry bulk rates. Higher economic growth leads to higher demand for dry bulk cargoes, in our view. Meanwhile, **shipping supply growth, particularly Capesize dry bulk ships remain limited in part due to very low vessel ordering during previous years"**

Maxim, 8/7/24

seanergy

Source: Wall Street Research
Note: Permission to use quotes neither sought nor obtained
1. Based on Seanergy's 10/7/24 share price

Differentiated Capesize Strategy is Overseen by Directors with Relevant Experience and Expertise

 Ioannis Kartsonas Independent Director	<ul style="list-style-type: none">• 20+ years of experience in shipping, finance, investments and commodities trading• Led Carlyle Commodity Management's Shipping and Freight Investments as Senior Portfolio Manager, managing one of the largest freight futures funds globally• Co-founder and Former Portfolio Manager of Sea Advisors Fund• Former leading Transportation Analyst at Citi Investment Research• Current Principal and Managing Partner of Breakwave Advisors LLC, a commodity focused advisory firm and the Commodity Trading Advisor (CTA) for the Dry Bulk Shipping ETF (NYSE: BDRY) and the Tanker Shipping ETF (NYSE: BWET)
 Dimitrios Anagnostopoulos Independent Director	<ul style="list-style-type: none">• 40+ years of experience in shipping, ship finance and bank management• Board Member of NYSE-listed Dynagas LNG Partners LP• Received the 2008 Lloyd's Shipping Financier of the Year Award• Former SVP and Head of Shipping at ABN AMRO• Former Board Member and Current Advisor to Aegean Baltic Bank S.A.
 Christina Anagnostara Independent Director	<ul style="list-style-type: none">• 20+ years of maritime and international business experience in finance, banking, capital markets, consulting, accounting and audit• Extensive public company board experience in the maritime industry• Managing Director in the Investment Banking Division of AXIA Ventures Group• Former CFO of Seenergy and Former CFO and director of Global Oceanic Carriers• Certified Chartered Accountant
 Elias Culucondis Independent Director	<ul style="list-style-type: none">• 40+ years of executive leadership experience as President, CEO and director of Equity Shipping Company Ltd. and former CEO of Kassos Maritime Enterprises Ltd., Off Shore Consultants Inc. and Naval Engineering Dynamics Ltd.• Extensive director experience at multiple shipping focused companies• Expertise overseeing new-building contracts, specifications and the construction of new vessels• Fellow of the Royal Institute of Naval Architects and a Chartered Engineer
 Stamatis Tsantanis Chairman & CEO	<ul style="list-style-type: none">• CEO of Seenergy since 2012; Chairman since 2013• Led Seenergy's significant growth to a prominent pureplay Capesize dry bulk company with a carrying capacity of approximately 3.4 million dwt• 20+ years of experience in shipping, banking and capital markets• Former investment banker at Alpha Finance with a key role in major shipping corporate finance transactions in the U.S. capital markets



Source: Company filings and presentations

☐ = Up for election at 2024 AGM

Leadership Capabilities	
Public Company Director	5 / 5
Maritime / Shipping	5 / 5
M&A / Strategic Transactions	5 / 5
Capital Allocation	5 / 5
Accounting / Audit	5 / 5
Public Company Executive	2 / 5
4 / 5 Independent Directors	100% Fully-independent Board committees

Committed to Strong Governance Aligned with Strategy

Seanergy is committed to upholding strong ESG standards that align with our strategic goals and shareholder interests to create long-term shareholder value for ALL shareholders

Environment

- **The first and only Greek shipping company to secure EU funding and partnerships under SAFeCRAFT for maritime propulsion innovation and utilization of alternative fuels**
- Pioneered alternative fuel studies and installed scrubbers on 6 vessels with Cargill, Glencore and Uniper
- Bio-fuel trials in cooperation with leading dry bulk charterers
- Secured sustainability-linked loans to align with ESG commitment
- Performance monitoring, voyage optimization, AI and weather routing across 100% of the fleet
- Signatory to the Call to Action for Shipping Decarbonization, led by the Getting To Zero Coalition



Social

- Received a Silver award for Corporate Social Responsibility and supported future shipping professionals through the "SEANERGY" initiative
- Signed the Neptune Declaration on Seafarer Wellbeing and promoted an inclusive workplace focused on diversity, equal opportunities and human rights
- **The only Greek shipping company to be recognized as Best Workplace in 2023 & 2024**
- One of the highest victualing fees globally, while providing medical insurance, broadband internet and 24/7 psychological and medical support for crew onboard all ships



Governance

- Strong Board leadership and oversight, with four of five directors being independent
- No related party agreements in commercial and technical management, maintaining transparency and integrity in operations
- "Big Four" auditing on a rotating basis: audited by EY from 2015 to 2021 & Deloitte from 2022 onwards
- Sustainability Committee & ESG Reporting: Dedicated committee to oversee and enhance sustainability initiatives. Annual ESG report assured by independent party to ensure accuracy and reliability



seanergy

Source: Company filings and presentations



Economou's Self-serving Campaign Puts Shareholder Value At Risk

Economou Is Pursuing Aggressive and Coercive Tactics to Gain Effective Control Over Seanergy's Board

✗ Rapidly accumulated a nearly 9% stake in 2023 to become Seanergy's largest stockholder

✗ Without prior notice, initiated litigation over 2021 preferred share issuance

✗ Refused to make nominees available for interviews with the Seanergy Board, despite the Board's request

✗ Fails to acknowledge substantial Company momentum that is delivering value for shareholders

✗ Refused constructive engagement and has offered no ideas to enhance value for Seanergy shareholders

✗ Nominated two closely associated candidates who are underqualified compared to Seanergy's directors and who both have troubling track records of supporting Economou's self-interested value destruction

✗ Is seeking "no-confidence" proposals against Seanergy's remaining directors – which, combined with his nominations, is intended to give effective control over the Board and Company to Economou

Economou's Actions Are Consistent With Other Recent Self-Serving Campaigns Against Public Targets



Status: Greenmail

- Rapid accumulation of 14.1% position
- Nominated Ioannis Liveris and Georgios Kokkodis (same slate as Seenergy)
- Announced intention to seek removal of remainder of the Board (5 of 7 directors)
- **Withdrew from proxy fight after Company agreed to "greenmail" payment of \$6.75 million (35% of OceanPal's market cap)¹**
- Company reported net operating loss at following earnings, in part due to Economou settlement payment



Status: Withdrawn

- Rapid accumulation of 5.4% position
- Nominated two directors to the Board (one later withdrew)
- Company reviewed and rejected Economou's proposals for the company and made no changes to its strategy after Economou made his investment in Genco
- **Withdrew from costly proxy fight and substantially exited position just six months after announcing his stake after share price increased and proxy advisors recommended against his directors²**



Status: Ongoing

- Rapid accumulation of 9.5% position
- Nominated Ioannis Liveris
- Announced intention to seek removal of remainder of the Board
- Launched hostile tender offer at less than 50% of NAV³
- Launched litigation in New York, which was ultimately dismissed for lack of jurisdiction
- Refiled in the Marshall Islands as part of wasteful litigation strategy



Source: Other public company filings and presentations

1. Calculated based on Ocean Pal's market capitalization as of 5/17/24
2. Genco Shipping & Trading Issues Statement Regarding George Economou's Withdrawal of his Nominee dated 5/16/24
3. Schedule 14D-9-A filed by Performance Shipping (11/6/23)

Economou: A Track Record of Value Destruction and Self-Dealing

Track record of tremendous value destruction

- **Economou has a track record of tremendous value destruction in the capital markets**
 - **DryShips:** Over \$3 billion lost in shareholder value¹
 - **Ocean Rig:** Filed for bankruptcy less than 7 years after Economou took control
 - **Alpha Shipping:** Defaulted on \$175 million bond within months of issuance; shortly thereafter secured rights to repurchase Alpha's 26-ship fleet for just \$64.75 million — approximately 37 cents on the dollar²

Long history of self-dealing

- **Economou ran DryShips and Ocean Rig like his own personal fiefdoms, extracting value through conflicted, affiliated transactions that benefited him at the expense of public shareholders**
 - Extreme share dilution through a series of related party transactions with Economou-controlled affiliates, and a collection of highly dilutive equity offerings at DryShips in 2016, that destroyed value for other public shareholders while Economou extracted over \$350 million in lucrative management fees³ paid to his affiliates
 - At Ocean Rig, \$83.5 million in lucrative management fees⁴ were paid to Economou affiliates in just a two-year period, in addition to an emergency loan to DryShips and dilutive equity offerings

Poor corporate stewardship and governance

- **Economou has consistently demonstrated a questionable approach to his business relationships**
 - While a director at Danaos, Economou failed to disclose pledging over half his Danaos stock to fund personal shipbuilding plans⁵ and attended fewer than 25% of Board meetings from 2012 to 2017, and under 75% in 2018 and 2019⁶
 - In 2022, Economou's TMS Tankers became the second largest carrier of Russian oil, landing it on Ukraine's list of "international sponsors of war"⁷



Source: Other public company filings and presentations. Note: Total shareholder returns defined as the compound total return, with dividends reinvested on the ex date.

1. Based on the proceeds from common stock issuances disclosed by DryShips, Inc. in their 20-F filings for the years ended 12/31/05, 12/31/06, 12/31/08, 12/31/09, 12/31/12, 12/31/15, 12/31/18.

2. Weeden & Co. (Piper Jaffray) (12/28/03): "The Golden Fleecer?" Vol. 7 Iss. 4.

3. Form 20-F of DryShips, Inc. for the years ended 12/31/12, 12/31/15, 12/31/18.

4. Form 20-F of Ocean Rig UDW for the years ended 12/31/16, 12/31/17.

5. Form 13D filed by Economou, as of 1/9/17.

6. Form 20-F of Danaos Corporation for the years ended 12/31/17, 12/31/16, 12/31/15, 12/31/14, 12/31/13, 12/31/12.

7. Wall Street Journal (5/4/23): "The 'Bad Boy' of Shipping Cashes In on Russian Oil."

Economou's Shareholder Destruction at



VALUE DESTRUCTION (>\$3 billion)

Lost In Shareholder Value¹

VALUE EXTRACTION \$350 million

In Management Fees Paid to
Economou-controlled Affiliates²

PUBLIC OFFERING (-90%)

Reduction in Share Price in Months Following
2016 Dilutive Equity Offerings³

Public Shareholder Experience

- Negative total shareholder returns of more than -99%⁴ from IPO until Economou took the company private in 2019 and billions of dollars of shareholder value destroyed
- Extreme share dilution through a series of related party transactions with Economou-controlled affiliates, and a series of highly dilutive equity offerings in 2016 that reduced DryShips' share price by more than 90% over the course of a few months
- Lucrative management fees that paid Economou and his affiliates more than \$350 million – while DryShips' dry bulk fleet operating vessel costs were ~40% more than its public peers in its last full year as a public company

Economou Experience

- Acquired majority control of the company through a series of related-party transactions, increasing ownership from less than 0.01% in March 2017 to more than 80% in less than two years
- Extracted significant value from a series of lucrative management fees, allowing him to earn more than \$350 million through Economou-controlled affiliates²
- Initiated a spin-off of Tankships Investment Holdings with plans to pay fees to two other Economou-controlled entities, which was ultimately aborted in favor of selling vessels directly to Economou himself
- Received a \$50 million termination fee (equal to 11% of market cap at the time of privatization)⁵ paid in connection with his take private of DryShips in 2019



Source: FactSet, Other public company filings and presentations

Note: Total shareholder returns defined as the compound total return, with dividends reinvested on the ex date

1. Based on the proceeds from common stock issuances disclosed by DryShips, Inc. in their 20-F filings for the years ended 12/31/03; 12/31/06; 12/31/09; 12/31/12; 12/31/15; 12/31/18

2. Form 20-F of DryShips, Inc. for the years ended 12/31/12; 12/31/15; 12/31/18

3. Over the period from DryShips' Announcement of Registered Direct Offering on 6/15/16 to DryShips' Announcement of Completion of \$100 million Registered Direct Offering on 12/12/16

4. Over the period from DryShips' IPO on 2/3/03 to completion of its take private on 10/11/19

5. Proxy statement filed by DryShips, Inc. on 9/9/19; market cap calculated as of 10/11/19, the date SPI Holding Inc. acquired DryShips Inc.

VALUE DESTRUCTION

Bankruptcy

Following Years of Shareholder Value Destruction¹

VALUE EXTRACTION

\$83.5 million

In Management Fees Paid to Economou-controlled Affiliates²

TERMINATION FEE

\$130 million

Termination Fee Paid to Economou-controlled Affiliates upon Post-Bankruptcy Sale³

Public Shareholder Experience

- Negative total shareholder returns of -98%⁴, including as a result of a series of highly dilutive equity offerings; destroying billions of dollars of shareholder value
- Ocean Rig filed for bankruptcy less than seven years after DryShips took control
- Multiple lucrative fee arrangements for Economou affiliates enriched Economou at Ocean Rig shareholders' expense

Economou Experience

- \$83.5 million in fees paid to an Economou affiliate in just a two-year period in a lucrative management fee arrangement²
- A \$120 million emergency loan to DryShips, which Economou repaid by satisfying the loan with Ocean Rig shares instead of a cash payment⁴
- Retained 9.3% of the reorganized company in bankruptcy, and secured a lucrative post-bankruptcy agreement for Ocean Rig to pay \$15.5 million in annual fees and 1% of all future drilling contracts to an Economou-controlled entity⁵
- Termination fee of \$130 million paid to an Economou-controlled entity in connection with TransOcean's acquisition of Ocean Rig³



Source: FactSet, Other public company filings and presentations

Note: Total shareholder returns defined as the compound total return, with dividends reinvested on the ex date

1. Over the period from DryShips' acquisition of Ocean Rig UOW on 9/25/11 to Ocean Rig UOW filing for Chapter 11 bankruptcy on 3/28/17. Despite declaring bankruptcy, Ocean Rig UOW continued to trade at a non-zero value until it announced a restructuring agreement with creditors and existing equity holders

2. Form 20-F of Ocean Rig UOW for the years ended 12/31/16, 12/31/17

3. Agreement and Plan of Merger between Ocean Rig UOW Inc. and Transocean LTD., Transocean Oceans Holdings Limited and Transocean Ocean Limited

4. Form 6-K of Ocean Rig UOW (10/21/14)

5. Form 6-K of Ocean Rig UOW (8/22/17)

Economou's Nominees Are Underqualified and Have a Long-History of Facilitating Economou's Value Destruction and Self-dealing

Georgios Kokkodis

- ✗ No executive experience or operational experience
- ✗ Closely associated with Economou as director of Economou-controlled DryShips and Ocean Rig – oversaw sale of DryShips to Economou¹ after tremendous value destruction and Ocean Rig filed for bankruptcy
- ✗ Approved lucrative management fee arrangements and highly dilutive equity issuances in favor of Economou at DryShips and Ocean Rig that destroyed value for other public shareholders
- ✗ Participation in other coercive Economou-led campaigns at OceanPal

Ioannis Liveris

- ✗ No executive experience and no shipping industry experience other than at Economou-controlled companies
- ✗ No public company Board experience other than as a director at Economou-controlled companies
- ✗ Approved numerous related party transactions and highly dilutive share issuances as a director of Ocean Rig, which ultimately filed for bankruptcy²
- ✗ Participation in other coercive Economou-led campaigns at OceanPal and Performance Shipping

Economou's nominees' main qualifications are that they have a proven track record of rubberstamping Economou's value destructive self-dealing. Adding them to the Seenergy Board would put substantial shareholder value at risk



Source: Other public company filings and presentations
1. Form EX-99.1 filed by DryShips Inc. (7/8/19)
2. Form F-1/A filed by Ocean Rig UDW (10/10/17)

The Choice Is Clear: Support Seanergy's Board Today

Support Seanergy's Board

- + Prominent public pure-play growth-oriented Capesize company benefitting from robust tailwinds in the Capesize market
- + Highly independent board – 4 out of 5 board members are independent
- + Track record of acquiring vessels at attractive periods of the cycle, improving vessel profitability
- + Delivering focused execution and operational efficiency resulting in robust cash flow generation
- + Proactive balance sheet management provides financial flexibility to pursue growth and support returns
- + Prioritizing capital returns with new dividend policy, returning 50% of net operating cash flow after debt service and reserves
- + Record H1 2024 earnings and leading total shareholder returns over last year demonstrate our strategy is working – with more to come

Reject Economou's Campaign for Effective Control Over Seanergy

- ! Economou has a long and well-documented track record of value destruction and self-dealing
- ! Economou oversaw substantial value destruction at DryShips and Ocean Rig, both of which experienced value destruction through multiple related party transactions with Economou-controlled entities
- ! Economou has deployed aggressive and coercive tactics to influence Seanergy at the expense of our other shareholders
- ! Economou's actions are consistent with efforts at other companies that have been short-termist in nature and focused on Economou's interests over longer-term value creation
- ! Economou's nominees lack the requisite qualifications to serve as directors on the Seanergy Board and have troubling track records of supporting Economou's self-interested value destruction
- ! Economou has put forth no vision for the company or proposed any strategic initiatives; his only objective is to control the Company for his own purposes



Source: Company filings and presentations

A Vote for the Company's Nominees is a Vote for ALL Shareholders' Interests

Vote the WHITE Proxy Card "FOR" Seanergy's Two Nominees and Proposal 2

*Your vote is critical and we encourage you to support your Board and Seanergy's ongoing value creation by voting "FOR" **Dimitrios Anagnostopoulos** and **Ioannis Kartsonas** as Class C Directors*

Vote "AGAINST" Proposal 3, Proposal 4A, Proposal 4B and Proposal 4C

*The Board strongly urges you to **discard and NOT vote** using any proxy card sent to you by Sphinx*

If you have any questions, please call MacKenzie Partners, Inc., Seanergy's proxy solicitor.

U.S. & Canada Toll-Free: +1-800-322-2885

Greece Toll-Free: +1-800-000-0260

Elsewhere Call Collect: +1-212-929-5500

Seanergy@MacKenziePartners.com

Definitions & Reconciliations



Definitions

Adjusted EBITDA: Earnings Before Interest, Taxes, Depreciation and Amortization ("EBITDA") represents the sum of net income / (loss), net interest and finance costs, depreciation and amortization and, if any, income taxes during a period. EBITDA is not a recognized measurement under U.S. GAAP. Adjusted EBITDA represents EBITDA adjusted to exclude stock-based compensation, gain on forward freight agreements, net, gain on extinguishment of debt, gain on debt refinancing, non-recurring gains on sale of vessel and gain on spin-off, which the Company believes are not indicative of the ongoing performance of its core operations. EBITDA and adjusted EBITDA are presented as we believe that these measures are useful to investors as a widely used means of evaluating operating profitability. Management also uses these non-GAAP financial measures in making financial, operating and planning decisions and in evaluating the Company's performance. EBITDA and adjusted EBITDA as presented here may not be comparable to similarly titled measures presented by other companies. These non-GAAP measures should not be considered in isolation from, as a substitute for, or superior to, financial measures prepared in accordance with U.S. GAAP.

TCE Rate (Daily Time Charter Equivalent): TCE rate is defined as the Company's net revenue less voyage expenses during a period divided by the number of the Company's operating days during the period. Voyage expenses include port charges, bunker (fuel oil and diesel oil) expenses, canal charges and other commissions. The Company includes the TCE rate, a non-GAAP measure, as it believes it provides additional meaningful information in conjunction with net revenues from vessels, the most directly comparable U.S. GAAP measure, and because it assists the Company's management in making decisions regarding the deployment and use of our vessels and because the Company believes that it provides useful information to investors regarding our financial performance. The Company's calculation of TCE rate may not be comparable to that reported by other companies. The following table reconciles the Company's net revenues from vessels to the TCE rate.

Reconciliations

EBITDA Reconciliation

Amounts in \$ thousands

	Q1 2022	Q2 2022	Q3 2022	Q4 2022	Q1 2023	Q2 2023	Q3 2023	Q4 2023	Q1 2024	Q2 2024
Net (loss)/income	3,671	5,935	7,140	493	(4,185)	678	(5,040)	10,829	10,161	14,127
Add: Net interest and finance cost	2,850	3,168	3,949	4,896	5,265	4,937	4,983	4,965	4,638	4,596
Add: Depreciation and amortization	6,265	7,034	7,497	7,501	7,077	7,103	7,110	7,541	6,846	7,065
Add: Taxes	—	(28)	—	—	—	—	—	—	—	—
EBITDA	12,786	16,109	18,586	12,890	8,157	12,718	7,053	23,335	21,645	25,788
Add: stock-based compensation	2,679	1,163	2,920	423	3,680	2,447	2,474	546	1,479	1,538
Less: Gain on sale of vessel	—	—	—	—	(8,094)	—	—	—	—	—
Add: Loss on extinguishment of debt	1,279	6	—	6	110	430	—	—	—	649
Less: Gain on debt refinancing	—	—	—	—	—	—	—	—	—	—
Add: Loss on forward freight agreements, net	36	36	335	10	50	94	4	40	78	26
Less: Gain on spin-off	—	—	(2,800)	—	—	—	—	—	—	—
Adjusted EBITDA	16,780	17,314	19,041	13,329	3,903	15,689	9,531	23,921	23,202	28,001



Source: Company filings and presentations

Reconciliations (Cont'd)

Net Debt Reconciliation

Amounts in \$ thousands

	6/30/24	12/31/22
Debt, finance lease liability and other financial liabilities, net of deferred finance costs	247,625	255,699
Less: Cash and cash equivalents and restricted cash	38,224	32,477
Net Debt	209,401	223,222

Daily TCE Reconciliation

Amounts in \$ thousands, except for TCE and operating days

	Q1 2022	Q2 2022	Q3 2022	Q4 2022	Q1 2023	Q2 2023	Q3 2023	Q4 2023	Q1 2024	Q2 2024
Net revenues from vessels	29,666	32,847	32,963	27,153	17,384	27,646	23,105	38,901	37,774	42,592
Less: Voyage Expenses	979	1,667	867	780	657	651	770	773	774	986
Net Operating Revenues	28,687	31,180	32,096	26,373	16,727	26,995	22,335	38,128	37,000	41,606
Operating Days	1,482	1,341	1,557	1,525	1,520	1,443	1,460	1,530	1,537	1,562
Time Charter Equivalent Rate	19,357	23,251	20,614	17,294	11,005	18,708	15,298	24,920	24,073	26,636



Source: Company filings and presentations